

# Support & Training Resources

## General Support

### [Help Center](#)

<https://support.zoom.us/hc/en-us>

### [Zoom Client for Meetings Download](#)

<http://zoom.us/download>

### [Quick 1 min. Video Tutorials Library](#)

<https://support.zoom.us/hc/en-us/articles/206618765-Zoom-Video-Tutorials>

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### [Full Training Videos:](#)

<https://support.zoom.us/hc/en-us/articles/217214286-Watch-Recorded-Training-Sessions>

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## Troubleshooting

### [Dashboards](#)

<https://support.zoom.us/hc/en-us/articles/204654719-Dashboard>

### In Meeting Statistics:

Measurements	Ideal Threshold	Notes




**Meeting Statistics- Help Article**

<https://support.zoom.us/hc/en-us/articles/202920719-Meeting-Statistics>

*\*\*These statistics are meant to help surface network/bandwidth issues and troubleshoot overall connectivity challenges. If your users are within threshold and still experiencing issues, please submit a ticket.*

*\*\*\* In meeting statistics will only provide data for Meetings, Webinars, and VOIP calls. PAC Meeting and PSTN statistics will not be captured in the Meetings Dashboard.*

**Please note: Telephony/ PSTN Issues can NOT be reported via Dashboard.** ~~Zoom~~ reports issues for Telephony/ PSTN you will need to submit a ticket within 24 hours for our team to work with our vendors to investigate the issue. Please provide as much of t



